

Learning to Know Yourself

Mid 20's, working towards his financial analyst accreditation, Myles possessed the promise and prestige of being the bright son of a successful CEO. But Myles found himself confused and often angry. The pressures of being a young inheritor bore down on him. Naturally competitive, he did his best to perform and meet perceived expectations.

However, with a sense of self muddled by stifling standards and isolated by his family's circumstances, Myles was lost. Who was he? What did he want to do with his life? What was his purpose? Those are difficult questions to face. So, he didn't.

"Really having that 'stare yourself in the mirror,' honest, genuine conversation is something that I couldn't do with myself. I couldn't do it with my family," Myles said.

At first participating in KORE Venture out of obligation, he was resistant to digging into his inner life. What were his strengths? What were his weaknesses? How did those characteristics impact his relationship with his sister, mother and father? When you are not comfortable with yourself, it is hard to face these questions.

How did Myles break through?

His KORE Venture peer community and coach made it possible.



Throughout the KORE Venture experience, Myles' coach and his cohort challenged him to apply the knowledge they were learning. The exhausting, vulnerable conversations with his trusted



peers and the honest reflection with his personal coach helped Myles find himself. Without the accountability and support, he would not have gotten to know the man inside himself.

“Everybody is there to give you a comfortable shove in the right direction,” Myles said. “But you feel safe. So, it’s okay to be vulnerable.”

Following the time with KORE Venture, Myles reoriented his career towards venture capital work. He also took to practicing reflection on a weekly basis and connecting regularly with a personal coach. When you meet him, you see a man marked with true confidence and greater peace.

“Knowing who you are as a person, knowing who you want to be is something that KV has prepared me for. That sense of comfort that I have now is something that’s very important to me. Very, very important to me.”